

PSYCHIATRIC TREATMENT CLINIC
*****INFORMATION SUBJECT TO CHANGE*****
ALL PATIENTS ARE ASKED TO CALL FOR
INFORMATION PRIOR TO ARRIVING AT THE CLINIC
(Please ask to talk to an "On-call Therapist")
PHONE: 780-407-6501

LOCATION: Main floor, Department of Psychiatry, IEI.01, University of Alberta Hospital. 8440-112 Street, Edmonton, Alberta. T6G 2B7

REGISTRATION: The clinic registers patients for assessments with a therapist at 8:30 AM or 12:30 PM most days, Monday to Friday. We are closed on statutory holidays. Assessment spaces are limited. Appointments are not made to avoid wait lists of several months. As a result, it is not always possible to provide a same day assessment. We will endeavor to provide an assessment within a week. We are thus not a crisis nor emergency clinic. We do not work on a first come first served basis. YOU MAY THEREFORE BE ASKED TO RETURN ANOTHER TIME OR OTHER OPTIONS MAY BE SUGGESTED ELSEWHERE IN THE MENTAL HEALTH SYSTEM. This may require a brief contact to determine options. This decision regarding options/availability is usually made within 30-45 minutes of opening up of registration. We ask for your understanding and patience in this process.

ASSESSMENTS: The initial assessment will take a full morning or afternoon (APPROX. 4 HRS.). Forms are filled out and a therapist briefly assesses the patient. The patient is seen briefly with a psychiatrist at the end of the half-day for medical consultation. There are waiting periods between these stages.

TREATMENT: All treatment and assessments are offered on a voluntary basis only. The clinic specializes in psychotherapy. Our treatment options are primarily group psychotherapy. All treatment services are covered by Alberta Health Care with picture identification and a valid healthcare number. The clinic does not have the capacity to follow patients for long-term medication treatment. Patients may be started on medication but then referred back to their Family Doctor who can follow-up or refer to a private psychiatrist.

The clinic treats patients who are between the ages of 18 and 65. The clinic does not provide third party assessments for court/probation officers, employers, insurance companies, or social services (including Supports for Independent Living, Child Welfare, and A.I.S.H.).

THE CLINIC DOES NOT HAVE ACCESS TO INPATIENT PSYCHIATRIC BEDS.
WE ARE NOT AN EMERGENCY OR CRISIS CLINIC.

STAFF: Consists of a multidisciplinary team of therapists. Please note we are a teaching hospital and there can be observers.

ENQUIRIES: THERAPIST WILL ADDRESS QUESTIONS AND TAKE REFERRAL INFORMATION FROM 8:30 A.M. TO 4:00 P.M., MONDAY TO FRIDAY AT 780-407-6501.

Updated: October 2017